

Pre-care:

- Remove any makeup and clean your face thoroughly before the appointment.
- Inform your esthetician about any photosensitive medications or conditions.
- Remove contact lenses if applicable.

Post-care:

- Follow the therapist's recommendations for post-treatment skincare.
- It is recommended to protect your skin from direct sunlight by using SPF30 sunscreen.
- If any redness or irritation occurs, apply a soothing, gentle moisturiser as recommended.

LED Light Therapy